

About the Dr. Hulda Clark Treatment

Dr. Hulda Clark Ph.D.,N.D., was an independent research scientist specializing in biology, biophysics and cell physiology. In 1979, Dr. Clark left government research to begin private consulting full-time and in 1985 developed a radio electronic technique for scanning the human body, the Syncrometer, which tests for viruses, bacteria, fungi, parasites, solvents and toxins. This gave her clues to the cause of cancer, HIV and other diseases. Her health books are best sellers—at one time they were in the top 3% of books sold on Amazon.com.

Her theories are based on the simple idea that the human body heals itself if kept in good condition. No matter how many symptoms a person has, she attributes them to only two causes of health problems:

- Pollutants (toxins which make it difficult for organs to do their work—especially isopropyl alcohol)
- Parasites (protozoa, amoeba, worms that utilize our food and leave us with their wastes).
- Parasites – electronic and herbal treatment
- Pollution – avoidance

Her solution to good health is as follows: Her strategy to return to health is:

- Kill all parasites, bacteria, viruses, and fungi.
- Remove toxic molds, metals and chemicals from food and body products.
- Clear and wash away gallstones, secretions and debris already formed that hinder healing.
- Use herbs and special food factors to hasten healing, being careful to use only unpolluted products.

Hulda Clark is more concerned with the food that's free from parasites, bacteria and chemicals rather than with the style of nutrition or lack thereof in dealing with cancer. Her approach is different from those who specialize in cancer-controlling foods and nutrition.

Flatworms, roundworms, protozoa, bacteria, and viruses are killed using a combination of an electronic device called a 'zapper' and an herbal parasite killing program. Dr. Clark has found that this can benefit almost every illness. The zapper is a handheld battery operated (9V) frequency generator that uses a positively offset square wave to electrocute parasites. Its effectiveness is believed to be because it regenerates the white blood cells by building a positive magnetic field in the body. It is a recognized medical device, but should not be used by people with pacemakers or by pregnant women. (See Zappers.)

The herbal program kills remaining parasites throughout the body which cannot be reached by the electric current. It consists of black walnut hull tincture, wormwood capsules, and cloves taken over 3 weeks. A weekly maintenance program is then recommended to prevent reinfection from the home, pets, undercooked dairy products and undercooked meat. She believed uncooked meat is the main source of intestinal flukes.

She contended that isopropyl alcohol is a key pollutant. Foods and products polluted with isopropyl alcohol include shampoo, hair spray and mousse, cold cereals,

cosmetics, mouthwash, decaffeinated coffee, vitamins, minerals and supplements, bottled water (polluted with antiseptics from the bottling procedure), rubbing alcohol, white sugar, shaving supplies, carbonated beverages and store-bought fruit juice. Dr. Clark recommends homemade products, unprocessed foods and a limited number of tested supplements. Once you stop using isopropyl alcohol, it disappears from your body within three days.

When isopropyl alcohol is present in the body, the intestinal fluke uses another organ as a secondary host and that organ becomes cancerous. Other solvents in the body produce other diseases. For example, benzene causes the intestinal fluke to use the thymus for its secondary host, ruins the immune system and AIDS develops. Wood alcohol invites pancreatic flukes to use the pancreas as a secondary host and diabetes develops. Dr. Clark states that cancer could be eliminated if laws required testing for solvents in animal feeds and human foods. A significant reason for isopropyl alcohol pollution is the chemicals used by manufacturers to sterilize food-handling equipment.

After cancer is stopped, the patient can get well if the toxins that invited parasites, bacterial, and viral invaders are removed. Removing toxins from the affected organs lets them heal. For example, lung lesions will not heal unless cigarette smoking, Freon, asbestos, and fiberglass exposure is stopped.

Carcinogens draw the cancer to the organ: nickel draws cancer to the prostate, barium draws cancer to the breast. Dr. Clark considers the most serious threats to be: Freon (CFCs or refrigerant), copper from water pipes, fiberglass or asbestos, mercury from amalgam tooth fillings, lead from joints in copper plumbing, formaldehyde in foam bedding and new clothing, and nickel, usually from dental metal.

Dental, diet, body, and home clean-ups aim to remove parasites and pollutants at their source. The body constantly fights to remove pollutants, but if you are being “re-supplied” with them, the body cannot heal. See Dr. Clark Cleanups.

The dental clean up has been found crucial in shrinking tumors and restoring health. This is subject on which many alternative cancer experts agree. Dr. Clark advises:

- Remove all metals and large plastic fillings from the mouth.
- Remove all infected teeth and clean cavitations.

Silver or amalgam fillings contain 48-55% mercury, 33-35% silver, and various amounts of copper, tin, zinc, and other metals that corrode and seep into the body. Mercury is continually released from mercury fillings in the form of mercury vapor and abraded particles, which can be increased 15-fold by chewing, brushing, and hot liquids.

Research has shown that mercury, even in small amounts, damages the brain, heart, lungs, liver, kidneys, thyroid, pituitary and adrenal glands, blood cells, enzymes, and hormones, and suppresses the body's immune system.

At the beginning of the 20th century **Dr. Weston Price, head of the American Dental Association**, found that root canal therapy, often used to save a tooth that has become infected or dead, had serious side effects. He showed thousands of instances of disease created from devitalized (i.e. dead) teeth, from head and neck pain to rheumatism and cancer. Most patients with devitalized teeth had thyroid dysfunction. The dental establishment, heavily committed to mercury amalgam fillings and root canals, ignored his findings. Safe treatment requires extracting the dead tooth rather than filling the root, and removing any infected tissue from around the tooth. Later the space can be filled with a bridge or partial denture.

Personal care products — particularly petroleum products, alcohol, asbestos, colorings, dyes, formaldehyde, and perfume—are often toxic. These chemicals were not in use fifty or sixty years ago. Likewise for many other substances that have found their way into the human body. The tested ingredients in 99% of perfumes are labeled as toxic hazards and are not allowed in the agriculture industry. So, apart from avoidance of processed foods, Dr. Clark warns against commercial salves, ointments, lotions, colognes, perfumes, deodorants, toothpaste, soaps, washing powders etc. and gives recipes for homemade substitutes, e.g. borax powder for cleaning.

Cleaning up the home environment to make it safe includes:

- Removing paints, varnishes, thinners, cleaners, and chemicals from the house.
- Sealing cracks around pipes.
- Changing CFC-cooled refrigerators for non CFC ones (Dr. Clark found Freon concentrated in cancerous organs, where it facilitates the accumulation of other toxins).
- Checking air conditioners for leaks.
- Sealing or removing uncovered fiberglass.
- Removing clothes dryers, hair dryers containing asbestos and old radiators and electric heaters which give off asbestos.
- Changing copper plumbing to PVC plastic.

She suggests if you have been quite ill to move to a warm climate where you can avoid heating and cooling, and spend more time outdoors.

Clark recommended the Syncrometer, a device that makes it possible to test exactly which toxins and parasites cause a patient's cancer. The Syncrometer can be used for diagnosing and monitoring progress until cured. It consists of an audio oscillator circuit, which includes the body as part of the circuit. Dr. Clark maintained that every living and non-living entity produced certain specific frequencies which can be heard with the audio oscillator. Every living creature broadcasts its presence like a radio station.

The Syncrometer tests for parasites or pollutants in any product or body tissue by using samples of those parasites or pollutants. Cancerous tumors grow in the body for at least three years before they are big enough to be detected by medical imaging techniques, but according to advocates, the Syncrometer can detect them long before that.

For detoxifying the body, Dr. Clark recommends vitamins, minerals, and herbs from safe sources. Apart from parasite and dental cleanses, she gives detailed instructions for liver, kidney, and bowel cleanses. She recommends that the liver cleanse should not be done if the liver contains living parasites, and is best carried out after a parasite cleanse and then a kidney cleanse. The liver cleanse is reportedly the single most important thing you can do for your health. Medical herbalists, naturopaths and other natural healers speak highly of her cleanses.

Thousands of testimonials exist acclaiming her methods and the success people have achieved through using them. A booklet of a thousand testimonials is available for \$10 from the Dr. Clark Information Center, located at <http://www.drclark.net/>. See Dr. Clark Cleanups. **SOURCE: Alternative Cancer Research Institute**

Further Reading & References

- The Cure for All Diseases by Hulda Regehr Clark (1995)
- The Cure For All Advanced Cancers by Hulda Regehr Clark (1999)

- The Cure for All Cancers: Including over 100 Case Histories of Persons Cured by Hulda Regehr Clark (1993)
- The Cure and Prevention of all Cancers by Hulda Regehr Clark (2008)
- The Cure For HIV / AIDS by Hulda Regehr Clark (2002)
- Syncrometer Science Laboratory Manual by Hulda Regehr Clark (2000)
- “University of Washington study shows the Dr. Clark zipper inhibits the growth of leukemia cells”
- Dr. Clark Information Center, <http://www.drclark.net/news/lairsearch.htm>