

## About Falk Supplementation Schedule – High Dose Vitamin C

The Falk Supplementation Schedule (from the Falk Oncology Center in Toronto, Canada) comprises:

- • Vitamin C (fine crystals, minimum 4 grams (4,000 mg) three times per day. Aim for a dose just below diarrhea level, up to 40 grams per day. 1 level teaspoon = 4 grams. For most Vitamin C, however check the label)
- Niacinamide 500 mg three times per day. (If cholesterol is high, use niacin.)
- Vitamin B Complex (50's) once a day (sublingual B12 is the best form of B12, especially if you are over 35).
- Vitamin E 400 IU once a day
- Beta Carotene 25,000 IU once a day
- Cod Liver Oil 2 capsules once a day
- Zinc Citrate 50 mg twice a day
- Selenium 200 mcg three times per day
- Folic Acid 5 mg twice a day
- Potassium increase to 1 gram once a day
- Magnesium Oxide 420 mg once a day
- Lactobacillus acidophilus.

The now deceased oncology therapist Dr. Rudy Falk also repeatedly stated: “The greatest use of Poly-MVA is as a cancer prophylactic.”

See Poly-MVA.

### Further Reading & References

- Toronto Advisors: Nutrition—A Cancer Battle Plan, <http://www.torontoadvisors.com/Kefir/cancerbattle.htm>
- The Medical Journalist Report of Innovative Biologics: Cancer Remission Rates Increase from Use of the Safe and Effective Lipoic Acid Palladium Complex Poly-MVA by Morton Walker, DPM [http://www.townsendletter.com/FebMar\\_2003/polymva0203.htm](http://www.townsendletter.com/FebMar_2003/polymva0203.htm)