

In Search of Breast Cancer Survivors



We are looking for women who:

- Are 45-75 years of age
- Were diagnosed with breast cancer stages 0 to III.
- Completed treatments (radiation, chemotherapy and/or surgery at least 6 months but not more than 10 years ago



We offer 8 free classes to participants to help:

Improve energy levels, mental clarity and feelings of well-being

*Classes may involve gentle movements or education/support.

Three health assessments are conducted during the study



**Study volunteers are given \$70 in gift cards
at the conclusion of their participation.**

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